



CONSTRUCTHER FUTURE

MENTORSHIP PROGRAM

**BECOME A MENTOR,
EMPOWER THE NEXT
GENERATION OF
WOMEN AND GIRLS IN
THE CONSTRUCTION!**



**Funded by
the European Union**



WHY PARTICIPATE AS A MENTOR?

BY JOINING, YOU WILL:

- SUPPORT THE NEXT GENERATION OF WOMEN ENTERING YOUR FIELD.
- SHARE YOUR PROFESSIONAL EXPERIENCE AND PERSONAL INSIGHTS.
- GAIN RECOGNITION AND A CERTIFICATE OF PARTICIPATION.
- STRENGTHEN YOUR LEADERSHIP, COMMUNICATION, AND COACHING SKILLS.
- JOIN A EUROPEAN NETWORK OF COMMITTED PROFESSIONALS.
- CONTRIBUTE TO POSITIVE SECTOR-WIDE CHANGE.



YOUR ROLE AS A MENTOR:

- GUIDE 1–2 MENTEES THROUGH INFORMAL CONVERSATIONS (APPROX. ONCE PER MONTH).
- OFFER ADVICE ON CAREER PATHWAYS, WORKPLACE CULTURE, AND CONFIDENCE BUILDING.
- ENCOURAGE INDEPENDENT THINKING AND PERSONAL GROWTH.
- PARTICIPATE IN THE PROGRAMME LAUNCH SESSION AND OPTIONAL NETWORKING EVENTS.
- NO PRIOR MENTORING EXPERIENCE IS REQUIRED, SUPPORT AND GUIDANCE ARE PROVIDED.



SUPPORT PROVIDED TO MENTORS:

TO ENSURE A SMOOTH EXPERIENCE, YOU WILL RECEIVE:

- MENTOR ORIENTATION AND RESOURCE MATERIALS
- SUGGESTED CONVERSATION TOPICS AND MEETING FORMATS
- ONGOING SUPPORT FROM PARTNER ORGANISATIONS
- OPPORTUNITIES TO EXCHANGE EXPERIENCES WITH FELLOW MENTORS.



DURATION & FLEXIBILITY

THE PROGRAMME RUNS FOR APPROXIMATELY 6 MONTHS, WITH FLEXIBILITY TO ADAPT MEETING SCHEDULES TO YOUR AVAILABILITY

FREQUENTLY ASKED QUESTIONS

DO I NEED PREVIOUS MENTORING EXPERIENCE?

NO. GUIDANCE AND TOOLS WILL BE PROVIDED.

WHAT IF I CANNOT ATTEND EVERY SESSION?

THE SCHEDULE IS FLEXIBLE; CONSISTENCY IS ENCOURAGED BUT CAN BE ADAPTED.

IS THIS ONLY FOR WOMEN MENTORS?

NO. MENTORS OF ALL GENDERS ARE WELCOME.

THE FOCUS IS ON SUPPORTING WOMEN AS MENTEES.



HOW TO JOIN ?

**SCAN THE QR CODE AND COMPLETE THE MENTOR
APPLICATION FORM**

